

PERSONAL INFORMATION

Dr Francesco Della Villa, Medical Doctor

Sport & Exercise Medicine Physician

Knee injuries

Movement Analysis Testing



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 fdellavilla

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Sex Male | Date of birth 30/10/1988 | Nationality Italian

Jan 2019-Current

Research & Development, Education and Research Department, Isokinetic Medical Group, FIFA Medical Centre of Excellence

Isokinetic Bologna Clinic, Isokinetic Medical Group, FIFA Medical Centre of Excellence

Education and Research Department, Isokinetic Medical Group, FIFA Medical Centre of Excellence lead by Dr G.S. Roi

Via Casteldebole 8/4 40132 Bologna Italy www.isokinetic.com

- Head of Clinical Research & Development
- Clinical activity Isokinetic Bologna (Movement Analysis Testing)

Business or sector Orthopaedic and Sports Rehabilitation, Clinical research and translational medicine

Jan 2018- Dec 2018

Internship as a resident in Sport Medicine as part of a Clinical & Research Fellowship (Fourth year rotation)

Department of Bio kinesiology and PT at University of Southern California, Los Angeles CA, USA, headed by Prof Christopher Powers PT, PhD

Movement Performance Institute, Los Angeles, CA, USA, headed by Prof Christopher Powers PT, PhD

Cedar Sinai Kerlan-Jobe institute, Santa Monica, CA, USA headed by Bert Mandelbaum MD

- Researcher

Business or sector Clinical Orthopaedics & Biomechanics and Functional Evaluation

April 2017- Dec 2017

Internship as a resident in Sport Medicine (Third year rotation)

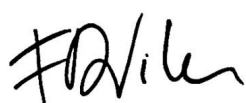
Istituto Ortopedico Rizzoli, U.O Ortopedia e Traumatologia, Headed by Prof. Zaffagnini

- Resident physician

Business or sector Orthopaedics & Sport Medicine

WORK EXPERIENCE

<p>Jan 2017-March 2017</p>	<p>Internship as a resident in Sport Medicine (Third year rotation) U.O. Medicina dello Sport Casalecchio di Reno, Headed by Dr. Sgarzi Ospedale Sant'Orsola Malpighi, U.O. Terapia intensiva Cardiologica (TIC), Headed by Prof. Rapezzi</p> <ul style="list-style-type: none"> Resident physician <p>Business or sector Sport Medicine and Cardiology</p>
<p>June 2016-Dec 2016</p>	<p>Internship as a resident in Sport Medicine (Second year rotation) Ospedale Sant'Orsola Malpighi, U.O. Pronto soccorso e Medicina d'Urgenza. Headed by Dr. Cavazza</p> <ul style="list-style-type: none"> Resident physician <p>Business or sector Emergency Medicine</p>
<p>Dec 2015-June 2016</p>	<p>Internship as a resident in Sport Medicine (Second year rotation) Istituto di Medicina dello Sport Bologna, Italy headed by Dr. Drago</p> <ul style="list-style-type: none"> Resident physician <p>Business or sector Sport Medicine</p>
<p>June 2015-Dec 2015</p>	<p>Internship as a resident in Sport Medicine (first year rotation) Ospedale Sant'Orsola Malpighi. U.O. Semeiotica Medica, headed by Prof. M. Bernardi</p> <ul style="list-style-type: none"> Resident physician <p>Business or sector Internal Medicine</p>
<p>Dec 2014-June 2015</p>	<p>Internship as a resident in Sport Medicine (first year rotation) Istituto di Medicina dello Sport Bologna, Italy headed by Dr. Drago</p> <ul style="list-style-type: none"> Resident physician <p>Business or sector Sport Medicine</p>
<p>Jan 2011- Dec 2014</p>	<p>Internship as a medical student and physician Isokinetic Medical Group, FIFA Medical centre of excellence, Education and research department Bologna, Italy headed by Dr. Giulio Sergio Roi MD Isokinetic London, local director Michael Davison</p> <ul style="list-style-type: none"> Scientific Investigator (particularly applied to functional recovery after knee injuries/ACL injuries) <p>Business or sector Sport Medicine and Orthopaedic rehabilitation</p>
<p>October 2013</p>	<p>Internship as a physician Santa Monica Orthopaedic and Sport Medicine Group (SMOG) FIFA Medical centre of excellence Santa Monica, CA USA headed by Bert R. Mandelbaum MD</p> <ul style="list-style-type: none"> Visiting Physician



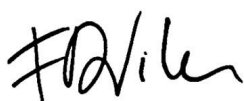
<p>July 2012</p>	<p>Business or sector Orthopaedic surgery and Sport Medicine, Injury prevention programmes</p> <p>Internship as a medical student</p> <p>UCL University College of London, London UK headed by Prof Fares Haddad</p> <ul style="list-style-type: none"> ▪ Visiting student <p>Business or sector Orthopaedic surgery and Sport Medicine</p>
<p>July-August 2011</p>	<p>Internship as a medical student</p> <p>Aspetar sport medicine hospital, FIFA Medical centre of excellence, Doha, Qatar with Dr. Cristiano Eirale MD</p> <p>Unisport SportMed, FIFA Medical centre of excellence, Auckland, New Zealand headed by Dr. Tony Edwards MD</p> <ul style="list-style-type: none"> ▪ Visiting student <p>Business or sector Sport Medicine and rehabilitation</p>

EDUCATION AND TRAINING

<p>Jan 2018 - Dec 2018</p>	<p>Research fellowship</p> <p>Department of Bio kinesiology and PT at University of Southern California, Los Angeles CA, USA, headed by Prof Christopher Powers PT, PhD</p> <p>Movement Performance Institute, Los Angeles, CA, USA, headed by Prof Christopher Powers PT, PhD</p> <p>Cedar Sinai Kerlan-Jobe institute, headed by Bert Mandelbaum MD</p> <ul style="list-style-type: none"> ▪ Movement mechanics and strength testing in return to play decision; risk factors (biomechanical and genetic) for non-contact ACL injuries
<p>Dec 2014 - Dec 2018</p>	<p>Post graduate course (residency) in Sport and Exercise Medicine</p> <p>Alma mater studiorum university of Bologna, post-graduate school in Sport and Exercise Medicine, director Prof. Franco Trevisani MD, PhD</p> <ul style="list-style-type: none"> ▪ Clinical Sport Medicine (pre-season screening evaluation, internal medicine, emergency, orthopaedic sport medicine) ▪ Specialization acquired on 10/12/2018 with an evaluation of 110/110 cum laude (with merit) presenting the experimental thesis entitled “Qualitative movement analysis assessment can predict 2nd ACL injury risk after anterior cruciate reconstruction and return to sport” discussed with Prof. F.Trevisani MD, PhD
<p>Oct 2007- Jun2013</p>	<p>Faculty of Medicine, school of Medicine and Surgery.</p> <p>Alma mater studiorum, University of Bologna, Bologna Italy</p> <ul style="list-style-type: none"> ▪ Graduation acquired on 13/6/2013 with an evaluation of 110/110 cum laude (with merit) presenting the experimental thesis entitled “Rehabilitation following anterior cruciate ligament reconstruction (ACL): predictors of early-medium term result” discussed with Prof. F.Trevisani MD, PhD and Dr. GS Roi MD

PERSONAL SKILLS

Mother tongue(s) Italian



Other language(s)	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	B2	C1	B2	B2	C1

Communication skills

- Good communication skills acquired during the travelling internships performed during the educational period and through a long internship at Education and Research department (Isokinetic Medical Group) in Bologna, Italy. Three years' experience in delivering internal courses as a speaker (2014-2017). Managing group of people, targeting for excellence while respecting good values, is my main goal.

Organisational / managerial skills

- Good managerial skills, responsible of different groups of people both in clinical research (focused on knee injury, with particular focus on ACL injuries) and clinical practise (focused on implementation of new testing procedures) through a Network of clinics in Europe (Isokinetic Medical Group). The great determination in achieving a target is one of my feature.

Computer skills

- Very good command of Microsoft Office™ tools. Very good command of Microsoft Word, Excel and Power point
- Good command of Stata 12

Hobbies

Sport man. Football (soccer) player until the age of 20. Recreational and international saltwater sport fisherman.

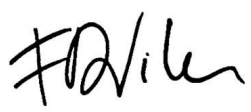
ADDITIONAL INFORMATION

Presentations

- "Return to play: factors and true numbers" ICRS focus meeting OA in athletes September 2017
- "Future strategies on neuromotory testing and training to prevent the second ACL injury" Della villa F. Barcelona. Future of football medicine. XXVI Isokinetic International conference on Sports rehabilitation and traumatology.
- "RTP after ACL reconstruction. New strategy in order to reduce reinjuries" Della Villa F. VI Ismult conference Parma December 2016
- "Return to sport following ACL reconstruction: past, present and future" Della Villa F. SICOOP conference Milan Italy 2016
- "RTP after ACLR: outcome predictor analysis" Della Villa F. XXV Isokinetic International conference On Sports rehabilitation and traumatology: Return to play. London UK 2016
- "Movement analysis test" Della Villa F. ICRS Focus meeting rehabilitation Zurich 2015
- "Predictors of functional outcomes after ACL reconstruction in football players" Della Villa F. Presented at the XXIII Isokinetic International conference on Sports rehabilitation and traumatology. Milan Italy 2014

Publications

- **Paper:** Della Villa F, Mandelbaum B, Lemak L. The Effect of Playing Position on Injury Risk in Male Soccer Players: Systematic Review of the Literature and Risk Considerations for Each Playing Position. AJO 10/2018
- **Paper:** Andriolo L, Filardo G, Kon E, Ricci M, Della Villa F, Della Villa S, Zaffagnini S, Marcacci M. Revision anterior cruciate ligament reconstruction: clinical outcome and evidence for return to sport" KSSTA 2015
- **Paper:** Della Villa F, Ricci M, Perdisa F, Filardo G, Gamberini J, Caminati D, Della Villa S. Anterior cruciate ligament reconstruction and rehabilitation: predictors of functional outcome".

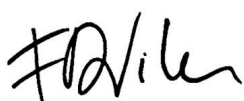


Joints 2016

- **Book chapter:** Della Villa S, Ricci M, Della Villa F. Conservative treatment for cartilage lesions: rehabilitation and reconditioning. Sigascot Cartilage e-book 2015
- **Book chapter:** Della Villa S, Della Villa F, Fazzini D, Ricci M. Rehabilitation and return to sport. Sigascot Cartilage e-book 2015.
- **Book chapter:** Nanni G, Della Villa F, Ricci M, Rizzo D, Della Villa S Hamstring injuries. Football Traumatology II ed. 2016
- **Book chapter:** Della Villa S, Della Villa F, Ricci M, Respizzi S. New trends in rehabilitation. Football Traumatology II ed. 2016
- **Book chapter:** Della Villa S, Ricci M, Della Villa F, Bizzini M. Implementation of prevention in sports. Prevention of injuries and overuse in sports. ESSKA book. 2016
- **Book chapter:** Della Villa S, Della Villa F, Ricci M, Tsapralis K. Rehabilitation and return to sport. Surgery of the meniscus. ESSKA book 2016
- **Book chapter:** Della Villa F, Andrade R, Pereira Castro A, Cassiano Neves M. Apophysitis. Injuries and Health Problems in Football. ISAKOS book 2017
- **Book chapter:** Della Villa S, Della Villa F, Ricci M, Doral MN, Gasbarro G, Musahl V. ACL Risk of Reinjury: When Is It Safe to Return (Time or Criteria). Injuries and Health Problems in Football 2017
- **Book chapter:** Boldrini L, Danelon F, Della Villa F, Della Villa S. Non operative Treatment of Patellofemoral Joint. The Patellofemoral Joint 2014 Isakos book
- **Book chapter:** Boldrini L, Danelon F, Della Villa F, Della Villa S. Patellofemoral Postoperative Rehabilitation The Patellofemoral Joint 2014 Isakos book

Conferences attended

- ICRS Focus meeting “Osteoarthritis in athletes” Zurich September 2017
- XXVI International conference on Sports Rehabilitation and Traumatology, Barcelona Camp Nou May 2017
- American Academy of Orthopaedic surgeon (AAOS) meeting, San Diego, 2017
- VI Ismult conference, Parma December 2016
- 14th annual ACL workshop, Minneapolis, MN May 2016
- XXV International conference on Sports Rehabilitation and Traumatology, London UK QEII conference centre May 2016
- ICRS Focus meeting “Rehabilitation and return to sport” Zurich September 2015
- ICRS world conference Chicago May 2015
- XXIV International conference on Sports Rehabilitation and Traumatology, London UK QEII conference centre 11TH -13TH April 2015
- XXIII International conference on Sports Rehabilitation and Traumatology, Milan ITA 22nd-24th march 2014
- ICRS focus meeting “Stem cells and scaffold a new generation for cartilage regeneration” Istituto Ortopedico Rizzoli, Bologna Italy, 5Th-6th December 2013
- XXI Congresso nazionale SIA (Società Italiana Artroscopia) Pesaro, Italy 2nd-3rd October 2013
- Il congresso Brasileiro de Artroscopia e traumatologia do esporte, Fortaleza, Brasil 21st-24th August 2013



Membership

- XXII International conference on Sports Rehabilitation and Traumatology, London UK QEII conference centre and Webley stadium 20TH -22nd April 2013
 - XXI International conference on Sports Rehabilitation and Traumatology, London UK Chelsea stadium 21st-22nd April 2012
 - XX International conference on Sports Rehabilitation and Traumatology, Bologna, ITA 2011
- ESSKA member (2014-current), ICRS member (2015-current), ISAKOS member (2015-current)

Autorizzo il trattamento dei miei dati personali ai sensi del D.lgs.196/2003 e del Regolamento UE 679/2016

Dr Francesco Della Villa MD

